

HOUSE No.

The Commonwealth of Massachusetts

PRESENTED BY:

Lida E. Harkins

To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:

The undersigned legislators and/or citizens respectfully petition for the passage of the accompanying bill:

An Act relative to student health and education.

PETITION OF:

NAME:

Lida E. Harkins

DISTRICT/ADDRESS:

13th Norfolk

The Commonwealth of Massachusetts

In the Year Two Thousand and Nine

AN ACT RELATIVE TO STUDENT HEALTH AND EDUCATION.

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

1 SECTION 1. Chapter 71 of the General Laws is hereby amended by adding at the end thereof, the
2 following two sections:

3

4 Section 90. As used in this section and in section 91, the following words shall have the following
5 meanings unless the context clearly requires otherwise:

6

7 “Added sweetener”, any additive that enhances the sweetness of a beverage, including but not limited
8 to added sugar, but does not include natural sugar or sugars that are contained within the fruit juice
9 which is a component of the beverage.

10

11 “One hundred percent juice”, is juice that contains at least 10% of the recommended daily value for
12 three or more vitamins and minerals.

13

14 “Elementary school”, a public school that maintains any grade from pre-kindergarten to grade 6,
15 inclusive, but no grade higher than grade 8.

16

17 “Middle school”, a public school that maintains any of grades 5 to 9, inclusive, but no grades higher than
18 grade 9 and no grade lower than grade 5.

19

20 “High school”, a public school maintaining any of grades 9 to 12, inclusive.

21

22 “Extended school day”, shall include the regular school day and activities such as clubs, yearbook, band
23 and choir practice, student government, drama and childcare/latchkey programs. It shall not include
24 school-related events such as interscholastic sporting events, school plays, and band concerts where
25 parents and other adults constitute a significant portion of the audience or selling beverage as boosters.

26

27

28 Section 91. The following applies to any beverages sold in Massachusetts public schools excluding the
29 National School Lunch and Breakfast Programs.

30

31 (a) In elementary schools only the following beverage options shall be sold to pupils during the
32 regular and extended school day:

33 (1) Bottled water,

34 (2) Up to 8 ounce servings of fat free or low fat milk. Milk includes nutritionally equivalent milk
35 alternatives (per USDA),

36 (3) Up to 8 ounce servings of fat free or low fat nutritionally equivalent flavored milk up to 150
37 calories / 8 ounces,

38 (4) Up to 8 ounce servings of 100% juice, with no added sweeteners and up to 120 calories / 8
39 ounces.

40

41 (b) In middle schools only the following beverage options shall be sold to pupils during the
42 regular and extended school day:

43 (1) Bottled water,

44 (2) Up to 10 ounce servings of fat free or low fat milk. Milk includes nutritionally equivalent milk
45 alternatives (per USDA),

46 (3) Up to 10 ounce servings of fat free or low fat nutritionally equivalent flavored milk up to 150
47 calories / 8 ounces,

48 (4) Up to 10 ounce servings of 100% juice, with no added sweeteners and up to 120 calories per
49 serving,

50

51 (c) In high schools only the following beverage options shall be sold to pupils during the regular
52 and extended school day:

53 (1) Bottled water,

54 (2) No or low calorie beverages with up to 10 calories / 8 ounces,

55 (3) Up to 12 ounce servings of fat free or low fat milk. Milk includes nutritionally equivalent milk
56 alternatives (per USDA),

57 (4) Up to 12 ounce servings of fat free or low fat nutritionally equivalent flavored milk up to 150
58 calories / 8 ounces,

59 (5) Up to 12 ounce servings of 100% juice with no added sweeteners and up to 120 calories / 8
60 ounces,

61 (6) Up to 12 ounce servings of other beverages with no more than 66 calories / 8 ounces,

62 (7) At least 50% of non-milk beverages must be water and no or low calorie options (up to 10
63 calories / 8 ounces).

64

65 (d) If middle school and high school students have shared access to areas on a common campus
66 or in common buildings, then the school community has the option to adopt the high school standard.

67

68